



KAPLAN AEC EDUCATION

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4.0

Programming, Planning & Practice

QUESTIONS & ANSWERS John Hardt

ARE
4.0

**Programming,
Planning & Practice**

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INTRODUCTION

WELCOME

Thank you for choosing Kaplan AEC Education for your ARE study needs. We offer updates annually to keep abreast of code and exam changes and to address any errors discovered since the previous update was published. We wish you the best of luck in your pursuit of licensure.

ARE OVERVIEW

Since the State of Illinois first pioneered the practice of licensing architects in 1897, architectural licensing has been increasingly adopted as a means to protect the public health, safety, and welfare. Today, all U.S. states and Canadian provinces require licensing for individuals practicing architecture. Licensing requirements vary by jurisdiction; however, the minimum requirements are uniform and in all cases include passing the Architect Registration Exam (ARE). This makes the ARE a required rite of passage for all those entering the profession, and you should be congratulated on undertaking this challenging endeavor.

Developed by the National Council of Architectural Registration Boards (NCARB), the ARE is the only exam by which architecture candidates can become registered in the United States or Canada. The ARE assesses candidates' knowledge, skills, and abilities in seven different areas of professional practice, including a candidate's competency in decision making and knowledge of various areas of the profession. The exam also tests competence in fulfilling an architect's responsibilities and in coordinating the activities of others while working with a team of design and construction specialists. In all jurisdictions, candidates must pass the seven divisions of the exam to become registered.

The ARE is designed and prepared by architects, making it a practice-based exam. It is generally not a test of academic knowledge, but rather a means to test decision-making ability as it relates to the responsibilities of the architectural profession. For example, the exam does not expect candidates to memorize specific details of the building code, but requires them to understand a model code's general requirements, scope, and purpose, and to know the architect's responsibilities related to that code. As such, there is no substitute for a well-rounded internship to help prepare for the ARE.

4.0 Exam Format

The seven ARE 4.0 divisions are outlined in the table below.

DIVISION	QUESTIONS	VIGNETTES
Building Design & Construction Systems	85	Accessibility/ Ramp Roof Plan Stair Design
Building Systems	95	Mechanical & Electrical Plan
Construction Documents & Services	100	Building Section
Programming, Planning & Practice	85	Site Zoning
Schematic Design	-	Building Layout Interior Layout
Site Planning & Design	65	Site Design Site Grading
Structural Systems	125	Structural Layout

The exam presents multiple-choice questions individually. Candidates may answer questions, skip questions, or mark questions for further review. Candidates may also move backward or forward within the exam using

ARCHITECTURAL HISTORY

Questions pertaining to the history of architecture appear throughout the ARE. The prominence of historical questions will vary not only by division but also within different versions of the exam for each division. In general, however, history tends to be lightly tested, with approximately three to seven history questions per division, depending upon the total number of questions within the division. One aspect common to all the divisions is that whatever history questions are presented will be related to that division's subject matter. For example, a question regarding Chicago's John Hancock Center and the purpose of its unique exterior cross bracing may appear on the Structural Systems exam.

Though it is difficult to predict how essential your knowledge of architectural history will be to passing any of the multiple-choice divisions, it is recommended that you refer to a primer in this field—such as Kaplan's *Architectural History*—before taking each exam, and that you keep an eye out for topics relevant to the division for which you are studying. It is always better to be overprepared than taken by surprise at the testing center.

simple on-screen icons. The vignettes require candidates to create a graphic solution according to program and code requirements.

Actual appointment times for taking the exam are slightly longer than the actual exam time, allowing candidates to check in and out of the testing center. All ARE candidates are encouraged to review NCARB's *ARE Guidelines* for further detail about the exam format. These guidelines are available via free download at NCARB's Web site (www.ncarb.org).

Exam Format

It is important for exam candidates to familiarize themselves not only with exam content, but also with question format. Familiarity with the basic question types found in the ARE will reduce confusion, save time, and help you pass the exam. The ARE contains three basic questions types.

The first and most common type is a straightforward multiple-choice question followed by four choices (A, B, C, and D). Candidates are expected to select the correct answer. This type of question is shown in the following example.

Which of the following cities is the capital of the United States?

- A. New York
- B. Washington, DC**
- C. Chicago
- D. Los Angeles

The second type of question is a negatively worded question. In questions such as this, the negative wording is usually highlighted using all caps, as shown below.

Which of the following cities is **NOT** located on the west coast of the United States?

- A. Los Angeles
- B. San Diego
- C. San Francisco
- D. New York**

The third type of question is a combination question. In a combination question, more than one choice may be correct; candidates must select from combinations of potentially correct choices. An example of a combination question is shown on page viii.

THE EXAM TRANSITION

ARE 3.1

In November 2005 NCARB released *ARE Guidelines* Version 3.1, which outlines changes to the exam effective February 2006. These guidelines primarily detailed changes for the Site Planning division, combining the site design and site parking vignettes as well as the site zoning and site analysis vignettes. For more details about these changes, please refer to Kaplan's study guides for the graphic divisions.

The guidelines mean less to those preparing for multiple-choice divisions. Noteworthy points are outlined below.

- All division statements and content area descriptions were unchanged for the multiple-choice divisions.
- The number of questions and time limits for all exams were unchanged.
- The list of codes and standards candidates should familiarize themselves with was reduced to those of the International Code Council (ICC), the National Fire Protection Association (NFPA), and the National Research Council of Canada.
- A statics title has been removed from the reference list for General Structures.

ARE 4.0

In the spring of 2007, NCARB unveiled ARE 4.0, available as of July 2008. According to NCARB, the 4.0 version of the exam will be more subject-oriented than 3.1, and is intended to better assess a candidate's ability to approach projects independently. The format combines the multiple-choice and graphic portions of different divisions, reducing the number of divisions from nine to seven.

The transition will be gradual, with a one-year overlap during which both ARE 3.1 and ARE 4.0 will be administered. Provided you pass at least one ARE 3.1 division prior to May 2008, you can continue to take ARE 3.1 divisions until July 2009.

If you have not passed all ARE 3.1 divisions by June 2009, you will be transitioned to the ARE 4.0 format. You will be given credit for ARE 4.0 divisions according to which 3.1 divisions you have passed. Visit www.kaplanaecarchitecture.com for more details.

In order to avoid being retested on subjects you have already passed, you should develop a strategy for which divisions you take in which order. Here are some key points to keep in mind:

- Building Technology is a key division in the transition; its vignettes will be dispersed across four ARE 4.0 divisions. Be sure to pass Building Technology if you have passed and want credit for any of the following ARE 3.1 divisions: Building Design/Materials & Methods; Construction Documents & Services; General Structures; Lateral Forces; or Mechanical & Electrical Systems.
- Pre-Design and Site Planning content will be shuffled in ARE 4.0: If you pass one, pass the other.
- General Structures, Lateral Forces, and the Structural Layout vignette from Building Technology are being merged into the Structural Systems division. If you pass any of these and want to avoid being retested on material you have already seen, pass all three.

Which of the following cities are located within the United States?

- I. New York
 - II. Toronto
 - III. Montreal
 - IV. Los Angeles
- A. I only
 - B. I and II
 - C. II and III
 - D. I and IV

The single most important thing candidates can do to prepare themselves for the vignettes is to learn to proficiently navigate NCARB's graphic software. Practice software can be downloaded free of charge from their Web site. Candidates should download it and become thoroughly familiar with its use.

Recommendations on Exam Division Order

NCARB allows candidates to choose the order in which they take the exams, and the choice is an important one. While only you know what works best for you, the following are some general considerations that many have found to be beneficial:

1. The Building Design & Construction Systems and Programming, Planning & Practice divisions are perhaps the broadest of all the divisions. Although this can make them among the most intimidating, taking these divisions early in the process will give a candidate a broad base of knowledge and may prove helpful in preparing for subsequent divisions. An alternative to this approach is to take these two divisions last, since you will already be familiar with much of their content. This latter approach likely is most beneficial when you take the exam divisions in fairly rapid succession so that details learned while studying for earlier divisions will still be fresh in your mind.
2. The Construction Documents & Services exam covers a broad range of subjects, dealing primarily with the architect's role and responsibilities within the building design and construction team. Because these subjects serve as one of the core foundations of the ARE, it may be advisable to take this division early in the process, as knowledge gained preparing for this exam can help in subsequent divisions.
3. Take exams that particularly concern you early in the process. NCARB rules prohibit retaking an exam for six months. Therefore, failing an exam early in the process will allow the candidate to use the waiting period to prepare for and take other exams.

EXAM PREPARATION

Overview

There is little argument that preparation is key to passing the ARE. With this in mind, Kaplan has developed a complete learning system for each exam division, including study guides, question-and-answer handbooks, mock exams, and flash cards. The study guides offer a condensed course of study and will best prepare you for the exam when utilized along with the other tools in the learning system. The system is designed to provide you with the general background necessary to pass the exam and to provide an indication of specific content areas that demand additional attention.

In addition to the Kaplan learning system, materials from industry-standard documents may prove useful for the various divisions. Several of these sources are noted in the "Supplementary Study Materials" section below.

Understanding the Exam

The Programming, Planning & Practice exam is among the most broad of all the ARE divisions. The exam content spans a wide range of topics including city planning, programming, space needs, land development and site planning, code, financing, geology and soils zoning, project management, interaction among the design team, project delivery methods, practice of architecture, budgeting and cost estimating, accessibility, and building layout. Further, environmental, social, and economic issues as well as sustainability are all subject matters for which the candidate should prepare.

Although the exam content is diverse, the material is all related to the pre-design process and many of the aforementioned topics overlap. Since many of the subjects covered span other exam divisions, this exam is widely considered one of the more difficult for which to prepare. However, the exam tends to focus on general principles of the above issues and avoids detailed calculations and data. For the Site Zoning vignette, remember not to disturb existing trees, to use the sketch lines, and to align driveways properly. Also be sure to use the zoom, full screen cursor, and background grid to produce more accurate solutions.

Preparation Basics

The first step in preparation should be a review of the exam specifications and reference materials published by NCARB. These statements are available for each of the seven ARE divisions to serve as a guide for preparing for the exam. Download these statements and familiarize yourself with their content. This will help you focus your attention on the subjects on which the exam focuses.

Prior CAD knowledge is not necessary to successfully complete vignettes. In fact, it's important for candidates familiar with CAD to

realize they will experience significant differences between CAD and the drawing tools used on the exam.

Though no two people will have exactly the same ARE experience, the following are recommended best practices to adopt in your studies and should serve as a guide.

Set aside scheduled study time.

Establish a routine and adopt study strategies that reflect your strengths and mirror your approach in other successful academic pursuits. Most importantly, set aside a definite amount of study time each week, just as if you were taking a lecture course, and carefully read all of the material.

Take—and retake—quizzes.

After studying each lesson in the study guide, take the quiz found at its conclusion. The quiz questions are intended to be straightforward and objective. Answers and explanations can be found at the back of the book. If you answer a question incorrectly, see if you can determine why the correct answer is correct before reading the explanation. Retake the quiz until you answer every question correctly and understand why the correct answers are correct.

Identify areas for improvement.

The quizzes allow you the opportunity to pinpoint areas where you need improvement. Reread and take note of the sections that cover these areas and seek additional information from other sources. Use the question-and-answer handbook and online test bank as a final tune-up for the exam.

Take the final exam.

A final exam designed to simulate the ARE follows the last lesson of each study guide. Answers and explanations can be found on the pages following the exam. As with the lesson quizzes, retake the final exam until you answer

every question correctly and understand why the correct answers are correct.

Use the flash cards.

If you've purchased the flash cards, go through them once and set aside any terms you know at first glance. Take the rest to work, reviewing them on the train, over lunch, or before bed. Remove cards as you become familiar with their terms until you know all the terms. Review all the cards a final time before taking the exam.

Practice using the NCARB software.

Work through the practice vignettes contained within the NCARB software. You should work through each vignette repeatedly until you can solve it easily. As your skills develop, track how long it takes to work through a solution for each vignette.

Supplementary Study Materials

In addition to the Kaplan learning system, materials from industry-standard sources may prove useful in your studies. Candidates should consult the list of exam references in the NCARB guidelines for the council's recommendations and pay particular attention to the following publications, which are essential to successfully completing this exam:

- International Code Council (ICC)
International Building Code
- American Institute of Architects B141-1997
Standard Form of Agreement Between Owner and Architect
- American Institute of Architects
A201-1997 *General Conditions of the Contract for Construction*

Test-Taking Advice

Preparation for the exam should include a review of successful test-taking procedures—especially for those who have been out of the classroom for some time. Following is advice to aid in your success.

Pace yourself.

Each division allows candidates at least one minute per question. You should be able to comfortably read and reread each question and fully understand what is being asked before answering. Each vignette allows candidates ample time to complete a solution within the time allotted.

Read carefully.

Begin each question by reading it carefully and fully reviewing the choices, eliminating those that are obviously incorrect. Interpret language literally, and keep an eye out for negatively worded questions. With vignettes, carefully review instructions and requirements. Quickly make a list of program and code requirements to check your work against as you proceed through the vignette.

Guess.

All unanswered questions are considered incorrect, so answer every question. If you are unsure of the correct answer, select your best guess and/or mark the question for later review. If you continue to be unsure of the answer after returning the question a second time, it is usually best to stick with your first guess.

Review difficult questions.

The exam allows candidates to review and change answers within the time limit. Utilize this feature to mark troubling questions for review upon completing the rest of the exam.

Reference material.

Some divisions include reference materials accessible through an on-screen icon. These materials include formulas and other reference content that may prove helpful when answering questions in these divisions. Note that candidates may *not* bring reference material with them to the testing center.

Best answer questions.

Many candidates fall victim to questions seeking the “best” answer. In these cases, it may appear at first glance as though several choices are correct. Remember the importance of reviewing the question carefully and interpreting the language literally. Consider the following example.

Which of these cities is located on the east coast of the United States?

- A. Boston
- B. Philadelphia
- C. Washington, DC
- D. Atlanta

At first glance, it may appear that all of the cities could be correct answers. However, if you interpret the question literally, you’ll identify the critical phrase as “on the east coast.” Although each of the cities listed is arguably an “eastern” city, only Boston sits on the Atlantic coast. All the other choices are located in the eastern part of the country, but are not coastal cities.

Style doesn’t count.

Vignettes are graded on their conformance with program requirements and instructions. Don’t waste time creating aesthetically pleasing solutions and adding unnecessary design elements.

ACKNOWLEDGMENTS

This introduction was written by John F. Hardt, AIA. Mr. Hardt is vice president and senior project architect with Karlsberger, an architecture, planning, and design firm based in Columbus, Ohio. He is a graduate of Ohio State University (MArch).

ABOUT KAPLAN

Thank you for choosing Kaplan AEC Education as your source for ARE preparation materials. Whether helping future professors prepare for the GRE or providing tomorrow’s doctors the tools they need to pass the MCAT, Kaplan possesses more than 50 years of experience as a global leader in exam prep and educational publishing. It is that experience and history that Kaplan brings to the world of architectural education, pairing unparalleled resources with acknowledged experts in ARE content areas to bring you the very best in licensure study materials.

Only Kaplan AEC offers a complete catalog of individual products and integrated learning systems to help you pass all seven divisions of the ARE. Kaplan’s ARE materials include study guides, mock exams, question-and-answer handbooks, video workshops, and flash cards. Products may be purchased individually or in division-specific learning systems to suit your needs. These systems are designed to help you better focus on essential information for each division, provide flexibility in how you study, and save you money.

To order, please visit www.KaplanAEC.com or call (800) 420-1429.

SYMBOLS & ABBREVIATIONS

The following symbols and abbreviations are used in this book and are generally understood in structural design practice.

Symbol or Abbreviation	Meaning
ft. or '	foot
ft ² or sq. ft.	square foot
ft ³ or cu. ft.	cubic foot
ft.-kip or ft.-k or 'k	foot-kip
ft.-lb. or ft-# or '#	foot-pound
in. or "	inch
in ² or sq. in.	square inch
in ³ or cu. in.	cubic inch
in.-kip. or in.-k or "k	inch-kip
in.-lb. or in-# or "#	inch-pound
kip or k	kip (1 kip = 1 kilo pound or 1,000 pounds)
ksi or k/in ²	kips per square inch
lb. or #	pound
lb./cu. ft. or #/ft ³ or pcf	pounds per cubic foot
plf or #' or #/ft.	pounds per lineal foot
psf or #/ft ²	pounds per square foot
psi or #/in ²	pounds per square inch
Δ (delta)	1. total strain (deformation) 2. thermal expansion or contraction 3. deflection
θ (theta)	a common designation for an angle
π (pi)	the ratio of the circumference of a circle to its diameter, equal to 3.14159
Σ (sigma)	summation of
φ (phi)	strength reduction factor in reinforced concrete design
#	pounds

